



Benefits designed to help protect eye health at every life stage



Eye or vision changes may be more frequent for those who are pregnant or breastfeeding – and for growing kids, too. So it's good to know your UnitedHealthcare vision plan includes expanded benefits designed to support optimal eye health when it may be needed most.

These expanded vision benefits for those who are pregnant or breastfeeding – as well as covered children up to age 19 – are included at no additional premium cost:

- **Coverage for a second eye exam**
If you notice changes to your vision during the plan year, you can get your eyes checked a second time without paying an additional premium. Standard copays apply.
- **Coverage for 1 new pair of glasses (frames and lenses)**
If your prescription changes 0.5 diopter* or more in a plan year, you can get new glasses without paying an additional premium. Standard copays apply.

Find a nearby provider

See doctors at over 180,000 locations¹ across the country. Visit myuhcvision.com to find an eye doctor near you.

Noticing vision changes?

Schedule an eye exam for yourself or your child

Did you know?

14% of those who are pregnant experience a change in their vision²

The importance of vision care for kids

Fewer than

15% of preschool children get an eye exam³

Up to

75% of school vision screenings miss vision problems³

United Healthcare[®]

*Refractive changes less than 0.50 diopter are considered normal variations and do not require a change in lenses.

¹ Network snapshot report (internal report), January 2025.

² Baby Center. Vision changes during pregnancy. [babycenter.com/pregnancy/your-body/vision-changes-during-pregnancy_1456567](https://www.babycenter.com/pregnancy/your-body/vision-changes-during-pregnancy_1456567). Accessed September 2024.

³ American Optometric Association. School-aged vision: 6 to 18 years of age. [aoa.org/healthy-eyes/eye-health-for-life/school-aged-vision?ss=y](https://www.aoa.org/healthy-eyes/eye-health-for-life/school-aged-vision?ss=y). Accessed September 2024.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX, VPOL.13.TX or VPOL.18.TX and associated COC form number VCOC.INT.06.TX, VCOC.CER.13.TX or VCOC.18.TX. Plans sold in Virginia use policy form number VPOL.06.VA, VPOL.13.VA or VPOL.18.VA and associated COC form number VCOC.INT.06.VA, VCOC.CER.13.VA or VCOC.18.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.